



E-CARD



[ARGUABLY] THE WORLD'S MOST USEFUL GIFT CATALOGUE 2008 – 2009

Christmas gift 2008

Photo: The parents of these children, in central Kenya, used to travel into town to buy their vegetables. Now they grow their own and operate a vegetable co-op. Their children are much healthier because their diet has improved.

If you would like to give a Useful Gift yourself, simply visit www.usefulgifts.org or call (toll free) 1800 244 986.

Organic Vegetable Garden

(Afghanistan, Bangladesh, India, Indonesia, Nepal, Thailand, Cambodia, Laos, Kenya, Burma)

Training for families to grow sustainable and nutritious fruit and veggies without chemicals. Households can save seeds for future harvests and earn an income from selling surplus produce.

For more information about this gift, please visit www.usefulgifts.org/gift/organic-vegetable-garden